

2023 Jarroll Cougars Cross Country Schedule

Date/Time	Meet/Site	Team
Friday, August 18th	Temple Invitational Lions Park	High School
Friday, August 25th 8:00 AM	Belton Invitational BLORA	High School
Wednesday, August 30th 4:00 PM	Soaring Eagle Middles School Meet Salado Middle School	Middle School
Friday, September 1st 7:30 AM	ProFit Invitational Wilson Park (Temple)	High School
Friday, September 8th 8:00 AM	Pflugerville ISD Invitational North East Metro Park	High School
Wednesday, Sept. 13th 4:00 PM	Salado Invitational Tenroc Ranch	Middle School
Thursday, September 14th 8:00 AM	Salado Invitational Tenroc Ranch	High School
Thursday, September 21st 8:00 AM	Lake Belton Bronco Invitational CrossRoads Park	High School
Saturday, September 23rd 8:00 AM	Dale Keen Invitational Cameron Middle School	Middle School
Saturday, September 30th 8:00 AM	Leo Manzano Marble Falls Mustang Invitational Marble Falls High School	High School/Middle School
Thursday, October 5th 8:00 AM	ProFit Last Chance Meet Heritage Park, Belton	High School
Monday, October 9th 8:00 AM	District Meet Marble Falls High School	High School/Middle School
TBA	Regional Meet Kat Barr Ross Park Huntsville, Tx	Varsity Qualifiers
TBA	State Meet Old Settlers Park Round Rock, Tx	Varsity Qualifiers

Head Coach: **MEGAN MURPHY**

Assistant Coach: **MELISSA HYER**

Middle School Coach: **ERIC TAYLOR**